

Your Best Life Festival Happy Healthy Whole

**Saturday, May 11, 2024
10 am to 3 pm**

in the Seguin Coliseum, 950 S Austin St

Family fun

Free to attend

Community resources

Health & wellness information

Insurance

Mental health

Nutrition

Physical fitness

Safety

Free activities for kids and adults

Bounce house

Games

Face painting

Chair massages

Fitness demos

Prizes

Dog adoptions and food trucks on site.

Please bring a canned good for the local food pantry.

Find more details:

NAMIGuadalupeCounty.org/festival



Hosted by

